Obesity and Workplace Productivity in Europe: A Targeted Review of the Evidence Base for Health Economic Modelling

Search: PubMed, 2000–2026 (run 25 September 2026). Obesity terms combined with six outcome blocks (sick leave and presenteeism; work productivity; work disability and work ability; employment; productivity and indirect costs; informal care) and a European setting (Europe[MeSH] or European country and region names in title/abstract): 1,594 records. Similar articles of included studies: 1,140 records. Included: 84 studies (76 primary studies, 8 reviews). Screening and data extraction were supported by an AI tool (Claude, Anthropic) under the authors' supervision; all reported results were checked against the original publications. This study was funded by Eli Lilly.

Included studies

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